

OCTOBER 2016 MENU

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
String Cheese Cinnamon Toast	Pancake Sausage	Long John	Breakfast Bites	Cereal Peanut Butter Toast
Corn Dog Carrots Mashed Potato's Fruit	Pizza Peas Salad Bar Fruit	Fish Taco Chips/Salsa Salad Bar Fruit	Italian Meatball/Bun Tri-Tater Steamed Vegetables Fruit	Mac and Cheese Green Beans Bread Stick Fruit
10	11	12	13	14
Cereal Toast	Donut Yogurt	Grab Wrap	Breakfast Boats	Muffin
Hamburger/Bun Carrots French fries Fruit	Tangerine Chicken Brown Rice Salad Bar Fruit	Roast Beef Mashed Potato's Scalloped Corn Fruit	Chicken/Bun Tater Tots Broccoli Fruit	Hot Dog/Bun Baked Beans Fruit
17	18	19	20	21
Cereal Cinnamon Toast	Cinnamon Roll	Breakfast Pizza	No School	No School
Chicken Strips Mashed Potato's Green Beans Corn Bread Fruit	Meat Calzone Marinara Sauce Carrots Salad Bar Fruit	3 rd Grade Menu Nachos Corn Strawberries Brownie		
24	25	26	27	28
Yogurt Cinnamon Toast	Long John	Egg and Cheese Biscuit	Pancake Ham	Cereal Toast
Meatballs/Gravy Mashed Potato's Broccoli Fruit	Cook's Choice	Chicken Taco Chips/Salsa Salad Bar Fruit	Italian Dunkers Peas Fruit October Birthdays	Biscuits and Gravy Hash browns Corn Fruit
31				
PBJ Sandwich				
Spooktacular Subs Chips Salad Bar 				

Offered Daily for Each Meal: Milk (Skim, 1% and Fat Free Chocolate)

Daily Breakfast Offerings: Cereal, Fruit and Juice

Menu subject to change without notice.

This institution is an equal opportunity provider.